



## HSBA HAMBURG SCHOOL OF BUSINESS ADMINISTRATION

### **Advisory services for students**

Studying can pose challenges for everyone. How can I manage my time? How can I achieve a balance between studying and working on the one hand and family and friends on the other? How should I approach problems in my company? How can I overcome my fear of exams? And how can I manage personal crises that affect my studies?

### **Our general offering**

We, the employees of HSBA, are happy to support you at any time with all questions and matters relating to your studies. In a confidential meeting, we can clarify your situation together and look for suitable solutions.

### **Additional services**

In addition to the meetings with us, we also offer an advisory service with external coaches as neutral contact persons. For example, typical topics could include:

- Individual time management (e.g. preparing for exams)
- Fear of exams
- Decision-making, motivational and directional tools
- Stress / excess strain
- Dissatisfaction with current situation in life

On our website, you can find information on the coaches and find out about their advisory skills.

<http://www.hsba.de/en/campuslife/advisory-services/>

The chemistry has to be right! So get in touch directly with the coach you feel drawn toward. To do this, you simply have to click "Get in contact". Generally you will receive a quick response.

At the first meeting, you discuss your matter with your coach. If it is not possible to determine the decisive action after just one meeting, further individual appointments can be arranged.

These appointments are available during both the theory and the practical phases. The advisory services are free of charge, but the number of appointments is limited on a case-by-case basis.